

Die Idee stammt von Timo aus der Fachoberschule Gestaltung..

Anleitung für meinen Sprüche Adventskalender:

Alles was ihr braucht:

- Einen Drucker
- Sprüche, gegebenenfalls meine vorgegebenen
- Eine Schere
- Behälter (Weinglas)
- Stoffband

Mein Adventskalender umfasst schöne, selbstbewusste und motivierende Sprüche. Diese kann man natürlich benutzen aber es gibt keine strikten Vorgaben bei der Umsetzung. Für meinen Adventskalender braucht man ein Weinglas (oder einen anderen Behälter) in dem man die fertigen Sprüche – gegebenenfalls meine vorgegebenen rein tut. Ich habe die Sprüche immer mit einem Rand gekennzeichnet, an den man sie nach dem drucken abschneidet, zu einer Rolle rollen, mit einem kleinen Stoffband fest binden und in das Weinglas legen oder eben den ausgewählten Behälter. Die Sprüche sind weder auf die Tage abgestimmt noch müssen sie nummeriert werden. Easy going.

In the end, it's the love you give each other on the bad days that matters the most.

Putting yourself isn't selfish, it's necessary.

If someone treats you like a toy, be Anabelle. ;)

Relax, you'll graduate, you'll get a job, you'll become an adult, you'll find someone who loves you. You have an entire life. Things take time.

The mindset will raise your children. Not a body or good looks. So choose wisely.

You break your own heart by making someone important to you than you are to them. Never play yourself like that.

„Why do we close our eyes when we pray, when we cry, when we kiss, when we dream?“ Because the most beautiful things in our life are not seen but felt only by the heart.

Sometimes you'll be the right person for someone, who is not ready for the right person.

Not everyone has the emotional tools to show up for you in the way you need. That doesn't mean they love you any less. It also doesn't mean you need to stay.

It hurts in the beginning but the end was necessary, and one day you'll realize that you'll be everything to the right person.

Until then be everything to yourself

But the real question is, has Nemo found himself?

What's meant for you is meant for you. No one can stop it from happening.

God removes to replace.

Stop living your life to be liked by everyone. You don't even like everyone.

It costs 0.00€ to cut negative people off and everybody loves free shit.

You are alive. You have a home. You have a bed. You have food. You have clean water. Be grateful.

No response is a response.

You don't have to compare people, we all can have our own shine and have our own moment.

Never let anyone humble down your dreams and goals. They're not meant to be in that ride with you.

True confidence leaves no room for jealousy. When you know you are great, you have no need to hate.

If you ever get the chance to treat them like they treated you, I hope you choose to walk away.

Never let your loneliness drive you back to toxic people.

Your future needs you. Your past doesn't

It's okay to outgrow people, places, things.
